

Wellbeing through Creativity

Course Code

ART/WELLCRE/24/3/A

Time and duration

Start Date: 12 May 2025

Start Time: 09:30

Weeks: 2

Location

Acorn Learning Centre
Kingshead Close Castlefields
Runcorn
WA7 2JE

Description

During this course you will

Explore the link between wellbeing and creativity
Visit Hazlehurst art gallery and meet local artists
Plan how to incorporate creativity into your life to support your own wellbeing

Eligibility

No previous experience necessary

Cost

This course is free